

Updated 4/26/09

If you're good enough to be on these lists, there's a good chance you were good enough last season to make the top 50 outdoor lists, which are found exclusively in the Michigan Outdoor Track & Field 2008 Yearbook. You'll also find a ton of other cool stuff in the Yearbook, such as the list of the best 50+ ever in each event, state records, Olympians, history, and much more. Have your parents buy one today. Remind them that you'll be off to college soon and they will need the Yearbook to remember you by. [Click here for details](#). Check out the new indoor yearbook too!

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Featuring the best performers and performances from the Michigan indoor season. This list shows performances from ALL meets.

Note: I track down and list school affiliations here for information's sake. No high schoolers in Michigan compete for their high schools prior to the first day of MHSAA-approved practice in the spring. In the relays, some clubs are listed in the "Mixed Schools" category if they have runners from a variety of schools, or if I don't know of the team's composition.

If I think that all four members of a relay team attend the same school, I listed them by their school team, even though they were competing as a club. Corrections welcome; complaints not.

Oversized tracks: Following IAAF and USATF rules, marks set on oversized tracks in lap races are not eligible for records, and are kept in separate sub-lists because of the significant advantage runners on an oversized track have. Some organizations like the NCAA have used conversions for years to equalize this situation for championship qualifying purposes, but there is no conversion that has scientific validity, because of the variety of effects the radius of the turn has depending on the height and particularly the stride length of the runner in question.

Send corrections and meet results to: jeffhollobaugh@aol.com.

55 METERS

6.44	Tyrone Green (East Kentwood)12	Allendale/LMCU Challenge 1-2	3/23/2009
6.46	Green	Allendale/MITS	1/10/2009
6.48	Brandon VanDriel (Sparta)12	Allendale/MITS	1/10/2009
6.52	Christian Jessie (East Kentwood)12	Allendale/LMCU Challenge 1-2	3/23/2009
6.53	Nick Galvan (Adrian)12	Hillsdale/MITS	1/22/2009
6.54	Aaron Bailey (Romulus)11	Allendale/MITS	1/10/2009
6.55	Melvin Green (Detroit Mumford)12	Findlay/HS Invite II (h)	3/ 7/2009
6.56	David Bevins (Harper Creek)12	Hillsdale/MITS	1/22/2009
6.56	Cameron Crowe (Hopkins)12	Allendale/MITS	2/21/2009
6.59	Nick Galvan (Adrian)12	Adrian/Shamrock Inv	3/16/2009
6.62	Eric Crenshaw (Jackson)12	Albion/MITS (s)	2/ 6/2009
6.63	Kody Dantuma (East Kentwood)	Allendale/MITS	1/17/2009
6.63	Cody Nolan (Adrian)	Adrian/Shamrock Inv	3/16/2009
6.63	D'Angelo Stevenson (Kalamazoo Central)	Allendale/LMCU Challenge 1-2	3/23/2009
6.64	Greg Knaus (St Johns)12	Allendale/MITS	1/24/2009
6.64	Ryan Brooks (Williamston)11	Allendale/MITS	2/21/2009
6.64	Jelani Swift (Detroit Mumford)12	Findlay/HS Invite II (h)	3/ 7/2009
6.65	Dallas Wade (East Kentwood)	Allendale/LMCU Challenge 1-2	3/23/2009
6.66	Nick Anagnostou (Livonia Stevenson)12	Allendale/MITS	1/10/2009
6.66	Dan Quinn (Grand Rapids Catholic Central)11	Allendale/MITS	2/21/2009
6.67	Ross Parsons (Dewitt)	Adrian/Shamrock Inv	3/16/2009
6.70	Stephen Rich (Plymouth)12	Allendale/MITS	1/10/2009
6.70	Eric Parrish (Webberville)12	Adrian/Shamrock Inv	3/16/2009
6.70	Dante Williams (Lansing Sexton)	Allendale/LMCU Challenge 1-2	3/23/2009

60 METERS

6.88 Dior Mathis (Detroit Cass Tech)11
6.92 Mathis
6.93 Dominique Lynch (Ypsilanti)11
6.93 Mathis
6.95 Lynch
6.95 Mathis
6.96 Melvin Green (Detroit Mumford)12
6.97 Tyrone Green (East Kentwood)12
6.98 Mathis
7.00 Dric Crenshaw (Jackson)12
7.00 Stephen Murphy (Madison Heights Lamphere)12
7.00 Justin Clarke (Flint Southwestern)11
7.03 Aaron Bailey (Romulus)11
7.04 Brandon VanDriel (Sparta)12
7.04 Justin Clarke (Flint Southwestern)11
7.05 Niko Williams-Richey (Southfield)12
7.05 Teric Jones (Detroit Cass Tech)
7.08 Aaron Taylor (Rochester Adams)12
7.08 Paris Horgrow (Ann Arbor Pioneer)12
7.08 Tyler Allen (Lansing Eastern)
7.09 Terrance Stevens (Inkster)

Mt Pleasant/MITS Ch (s)2/28/2009
Mt Pleasant/MITS Ch2/28/2009
London/Season Opener (h)11/29/2008
Warren/MITS2/13/2009
London/Season Opener11/29/2008
Mt Pleasant/MITS Ch (h)2/28/2009
Ypsilanti/Huron Relays I3/28/2009
Mt Pleasant/MITS Ch (s)2/28/2009
Ann Arbor/MITS1/30/2009
East Lansing/MITS1/19/2009
Warren/MITS2/13/2009
Ann Arbor/MITS2/16/2009
Toronto/York Xmas Open12/ 6/2008
Allendale/GVSU Holiday Open (h).....12/12/2008
Mt Pleasant/MITS Ch (s)2/28/2009
Ann Arbor/MITS1/30/2009
Mt Pleasant/MITS Ch (s)2/28/2009
Warren/MITS2/13/2009
Ann Arbor/MITS2/16/2009
Mt Pleasant/CMU 1-2 (s)3/19/2009
Ypsilanti/Huron Relays II3/27/2009

200 METERS

22.41 Niko Williams-Richey (Southfield)12
22.44 Aaron Taylor (Rochester Adams)12
22.47 Aaron Bailey (Woodhaven)11
22.56 Taylor
22.59 Bailey
22.69 Williams-Richey
22.70 Taylor
22.80 Paris Horgrow (Ann Arbor Pioneer)12
22.81 D'ontae Hopson (Jackson)10
22.82 Bailey
22.83 Ira Moore (Lansing)12
22.83 DeShawn Williams (Detroit Cody)12
22.90 Blair Broussard (Muskegon Mona Shores)10
22.96 Jairus Saunders (Rochester)12
22.98 Johnthe Thompson (Belleville)11
22.99 Justin Clarke (Flint Southwestern)11
23.00 Kyle Redwine (Auburn Hills Avondale)10
23.03 Nick Anagnostou (Livonia Stevenson)12
23.03 LeVontae Joseph (Detroit Cass Tech)12
23.08 Eric Crenshaw (Jackson)12
23.12 Tavarrio Davis (Lansing Eastern)11
23.12 Chris Scott (Holt)11
23.13 Dallas Wade (East Kentwood)
23.14 Renaldo Powell (Wayne)12
23.15 Tyler Allen (Lansing Eastern)10
23.18 Marcell Jones (Detroit Mumford)11
23.18 Dejuan Calloway (Southfield Lathrup)12

Mt Pleasant/MITS Ch2/28/2009
Findlay/HS Invite II3/ 7/2009
Mt Pleasant/MITS Ch2/28/2009
Warren/MITS2/ 6/2009
Toronto/York Xmas Open12/ 6/2008
Ann Arbor/MITS2/16/2009
Mt Pleasant/MITS Ch2/28/2009
Ann Arbor/MITS2/16/2009
Mt Pleasant/MITS Ch2/28/2009
Ann Arbor/MITS1/22/2009
East Lansing/MITS1/19/2009
Ypsilanti/MITS2/19/2009
East Lansing/MITS2/11/2009
Mt Pleasant/MITS Ch2/28/2009
East Lansing/MITS2/11/2009
Ann Arbor/MITS1/30/2009
Findlay/HS Invite II3/ 7/2009
Ann Arbor/MITS1/22/2009
Ypsilanti/MITS2/19/2009
East Lansing/MITS2/11/2009
East Lansing/MITS1/19/2009
East Lansing/MITS2/11/2009
Mt Pleasant/MITS Ch2/28/2009
East Lansing/MITS2/11/2009
East Lansing/MITS2/11/2009
Findlay/Oiler Inv2/13/2009
New York/Nat. Scholastic (h).....3/14/2009

Oversized Track:

22.01 Aaron Taylor (Rochester Adams)12
22.24 Aaron Bailey (Romulus)11
22.56 Bailey
22.63 Dallas Wade (East Kentwood)
22.74 Ryan Burgdorf (Hastings)12
22.80 Blair Broussard (Muskegon Mona Shores)10
22.82 Christian Jessie (East Kentwood)12
22.82 Tyrone Green (East Kentwood)12
22.86 Thomas Soisson (Allendale)12
22.88 Kody Dantuma (East Kentwood)
22.92 Kyle Redwine (Auburn Hills Avondale)10

Lexington/Kentucky Inv2/21/2009
Lexington/Kentucky Inv2/21/2009
Akron/Jerome Fields Open1/24/2009
Allendale/LMCU Challenge 1-23/23/2009
Allendale/LMCU Challenge 1-23/23/2009
Allendale/GVSU Holiday Open12/12/2008
Allendale/LMCU Challenge 1-23/23/2009
Allendale/LMCU Challenge 1-23/23/2009
Allendale/LMCU Challenge 1-23/23/2009
Allendale/LMCU Challenge 1-23/23/2009
Lexington/Kentucky Inv2/21/2009

22.99	D'Angelo Stevenson (Kalamazoo Central)	Allendale/LMCU Challenge 1-2	3/23/2009
23.01	Marcell Jones (Detroit Mumford)11	Akron/Rubber City Inv	2/21/2009
23.02	Melvin Green (Detroit Mumford)12	Akron/Rubber City Inv	2/21/2009
23.08	Stephen Rich (Plymouth)12	Lexington/Kentucky Inv	2/21/2009
23.13	Nick Stokes (Rockford)12	Allendale/LMCU Challenge 1-2	3/23/2009
23.15	Aaron Demps (Lansing Sexton)	Allendale/LMCU Challenge 1-2	3/23/2009
23.16	Brendan Curran (Detroit Catholic Central)12	Lexington/Kentucky Inv	2/21/2009
23.16	Chris James (East Kentwood)	Allendale/LMCU Challenge 1-2	3/23/2009
23.20	Hayden McDade (Salem)10	Akron/Jerome Fields Open	1/24/2009

300 METERS

36.84	Taylor Peruski (Orchard Lake St Mary)12	London/Season Opener	11/29/2008
37.23	J.J. Budzyn (Wyandotte Roosevelt)12	London/Season Opener	11/29/2008
37.46	Dejuan Calloway (Southfield Lathrup)12	London/Season Opener	11/29/2008
38.74	Steven Machin (Whitmore Lake)11	London/Season Opener	11/29/2008
38.80	Brandon Schneider (Detroit Catholic Central)12	London/Season Opener	11/29/2008

Oversized Track:

35.76	Renaldo Powell (Wayne)12	Allendale/MITS	1/10/2009
35.84	Johnte Thompson (Belleville)11	Allendale/MITS	1/10/2009
35.93	Stephen Rich (Plymouth)12	Allendale/MITS	1/10/2009
36.13	Tavarrio Davis (Lansing Eastern)11	Allendale/MITS	1/10/2009
36.38	Ira Moorer (Lansing)12	Allendale/MITS	1/10/2009
36.90	Stanley Imoh (Grand Rapids Central)12	Allendale/MITS	1/10/2009
36.94	Dan Lindner (Grand Ledge)12	Allendale/MITS	1/10/2009
37.03	Tony Rasch (Perry)12	Allendale/MITS	1/10/2009
37.19	Blair Bell (Traverse City Central)12	Allendale/MITS	1/10/2009
37.38	Aris Melton (Zeeland East)12	Allendale/MITS	1/10/2009

400 METERS

50.47	Paris Horgrow (Ann Arbor Pioneer)12	Ypsilanti/MITS	2/19/2009
50.56	Niko Williams-Richey (Southfield)12	Ypsilanti/MITS	2/19/2009
50.94	Taylor Peruski (Orchard Lake St Mary)12	Ypsilanti/MITS	1/15/2009
51.01	Johnte Thompson (Belleville)11	Mt Pleasant/MITS Ch	2/28/2009
51.11	Tavarrio Davis (Lansing Eastern)11	East Lansing/MITS	1/19/2009
51.27	Jeff Burd (Maple Valley)12	East Lansing/MSU-Playmakers small	3/25/2009
51.30	Leroy Green (Lansing Eastern)11	East Lansing/MSU-Playmakers large	3/24/2009
51.46	Tony Rasch (Perry)12	Saginaw/SVSU D3-4	3/18/2009
51.47	Dejuan Calloway (Southfield Lathrup)12	Findlay/HS Invite II	3/ 7/2009
51.70	J.J. Budzyn (Wyandotte Roosevelt)12	Mt Pleasant/MITS Ch	2/28/2009
51.70	Daniel Linder (Grand Ledge)12	Mt Pleasant/MITS Ch	2/28/2009
51.73	Clay Holman (Ypsilanti Lincoln)11	Ypsilanti/MITS	1/15/2009
51.79	Ryan Sersaw (Clare)	East Lansing/MSU-Playmakers small	3/25/2009
51.96	Renaldo Powell (Wayne)12	Toronto/York Xmas Open	12/ 6/2008

Oversized Track:

49.34	Tommy Brinn (Otsego)12	Allendale/MITS	2/21/2009
49.48	Johnte Thompson (Belleville)11	Lexington/Kentucky Inv	2/21/2009
50.43	J.J. Budzyn (Wyandotte Roosevelt)12	Lexington/Kentucky Inv	2/21/2009
51.36	Daniel Linder (Grand Ledge)12	Allendale/MITS	2/21/2009
51.45	Adrian Bouyer (Battle Creek Lakeview)12	Allendale/LMCU Challenge 1-2	3/23/2009
51.51	Clay Holman (Ypsilanti Lincoln)11	Allendale/MITS	2/21/2009
51.66	JaVonte Lipsey (Portage Northern)	Allendale/MITS	2/21/2009
51.69	Tony Rasch (Perry)12	Allendale/MITS	2/21/2009
51.81	Chad Weesies (East Kentwood)11	Allendale/MITS	1/24/2009
51.81	Chet Kidder (Whitehall)	Allendale/LMCU Challenge 1-2	3/23/2009
51.88	Zach Yeo (Cedar Springs)12	Allendale/MITS	1/24/2009
51.93	Nick Stokes (Rockford)12	Allendale/MITS	1/17/2009
51.93	Charlie Anel (Rockford)	Allendale/LMCU Challenge 1-2	3/23/2009

600 METERS

1:23.70	Taylor Peruski (Orchard Lake St Mary)12	London/Season Opener	11/29/2008
1:26.04	Brandon Schneider (Detroit Catholic Central)12	London/Season Opener	11/29/2008
1:26.25	Dejuan Calloway (Southfield Lathrup)12	Toronto/AO Relays	2/ 8/2009

1:26.4# Tommy Brinn (Otsego)12 Mt Pleasant/MITS Ch [800].....2/28/2009

800 METERS

1:53.62 Tommy Brinn (Otsego)12
1:54.65 Brinn
1:57.05 Taylor Peruski (Orchard Lake St Mary)12
1:58.4 Peruski
1:58.64 Peruski
1:58.73 Chonsey Pogue (Detroit Cass Tech)12
1:59.01 Pogue
1:59.23 Mike Atchoo (Troy)11
1:59.93 Nick Kaiser (Temperance Bedford)10
2:00.3 Spencer Hall (Detroit Catholic Central)11
2:00.82 Edwin Wainaina (Grandville Calvin Christian)12
2:01.04 Calvin Ewell (Flint Southwestern)12
2:01.0 Tavarrio Davis (Lansing Eastern)11
2:01.37 Timothy Harris (Detroit Cass Tech)12
2:01.4 Tec Adams (Harbor Springs)12
2:01.52 Collin Ward (Potterville)
2:01.61 Derek George (Bath)
2:02.20 Travis Borchar (Saginaw Heritage)12
2:02.24 Stephen Walker (Midland Dow)12
2:02.39 Brandon Schneider (Detroit Catholic Central)12
2:02.3 Evan Bancroft (Fenton)12
2:02.40 Trevor Brinn (Otsego)10
2:02.54 T.J. Flagg (Haslett)

Oversized Track:

1:56.95 Spencer Hall (Detroit Catholic Central)11
1:58.07 Taylor Peruski (Orchard Lake St Mary)12
1:58.19 Kristopher Washington (Detroit Mumford)12
1:58.56 Edwin Wainaina (Grandville Calvin Christian)12
1:58.88 Brandon Schneider (Detroit Catholic Central)12
1:58.94 Peruski
1:59.35 Marcell Houston (Detroit Mumford)11
2:00.60 Mike Atchoo (Troy)11
2:00.75 Jimmy McKeiver (Grand Rapids Catholic Central)12
2:01.29 Tommy Brinn (Otsego)12
2:01.36 Isaac Cox (East Kentwood)12
2:01.64 Trevor Brinn (Otsego)10
2:01.68 J.J. Budzyn (Wyandotte)12
2:01.90 Calvin Ewell (Flint Southwestern)12
2:02.42 Daniel McElheny (Grand Rapids Christian)12

1500 METERS

4:01.5# Stephen Walker (Midland Dow)12
4:02.7# Mike Atchoo (Troy)11

1600 METERS

4:09.69+ Mike Atchoo (Troy)11
4:18.16 Steven Walker (Midland Dow)12
4:18.75 Atchoo
4:19.55 Atchoo
4:21.90 Omar Kaddurah (Grand Blanc)10
4:24.45 Matt Wines (Pinckney)12
4:25.75 Larry Julson (Potterville)12
4:26.82 Ben Miller (Warren DeLaSalle)12
4:27.09 Dan Culbertson (Ann Arbor Pioneer)12
4:28.20 Tec Adams (Harbor Springs)12
4:29.86 Mike Kilbreath (Sanford-Meridian)12
4:29.95 Jeremy Dickey (Swartz Creek)

Oversized Track:

4:19.03 Reed Kamyszek (Kenowa Hills)11

Boston/Nike Indoor3/15/2009
Mt Pleasant/MITS Ch2/28/2009
Boston/Nike Indoor3/15/2009
East Lansing/MITS2/11/2009
Ypsilanti/Holiday Classic.....12/28/2008
Ypsilanti/Holiday Classic.....12/28/2008
Boston/Nike Indoor3/15/2009
Warren/MITS2/13/2009
Mt Pleasant/MITS Ch2/28/2009
East Lansing/MITS2/11/2009
Mt Pleasant/MITS Ch2/28/2009
Mt Pleasant/MITS Ch2/28/2009
East Lansing/MITS2/11/2009
Warren/MITS2/13/2009
East Lansing/MITS2/11/2009
East Lansing/MSU-Playmakers small.....3/25/2009
East Lansing/MSU-Playmakers small.....3/25/2009
Saginaw/MITS2/ 4/2009
Mt Pleasant/MITS2/17/2009
Saginaw/MITS2/ 4/2009
East Lansing/MITS2/11/2009
Mt Pleasant/MITS Ch2/28/2009
Mt Pleasant/CMU 1-23/19/2009

Lexington/Kentucky Inv2/21/2009
Allendale/MITS1/10/2009
Allendale/MITS1/10/2009
Allendale/MITS2/21/2009
Lexington/Kentucky Inv2/21/2009
Akron/Jerome Fields Open1/24/2009
Akron/Rubber City Inv2/21/2009
Allendale/MITS2/21/2009
Allendale/MITS2/21/2009
Allendale/MITS1/24/2009
Allendale/LMCU Challenge 1-23/23/2009
Allendale/MITS2/21/2009
Allendale/MITS1/10/2009
Allendale/MITS1/10/2009
Allendale/MITS2/21/2009

Mt Pleasant/MITS Ch [1600].....2/28/2009
Mt Pleasant/MITS Ch [1600].....2/28/2009

New York/Nat. Scholastic (4:11.14).....3/15/2009
Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/Huron Relays I3/28/2009
Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ann Arbor/MITS2/16/2009
Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ann Arbor/MITS2/16/2009
Mt Pleasant/MITS2/17/2009
Mt Pleasant/MITS Ch2/28/2009
Mt Pleasant/MITS Ch2/28/2009

Allendale/LMCU Challenge 1-23/23/2009

4:19.60	Mike Atchoo (Troy)11	Allendale/MITS	2/21/2009
4:21.68	Tommy Brinn (Otsego)12	Allendale/MITS	2/21/2009
4:21.90	Edwin Wainina (Grandville Calvin Christian)12	Allendale/MITS	2/21/2009
4:23.65	Atchoo	Allendale/MITS	1/24/2009
4:24.06	Alex Wilson (Kent City)11	Allendale/MITS	2/21/2009
4:28.47	Larry Julson (Pottersville)12	Allendale/MITS	1/24/2009

3000 METERS

8:49.7#	Reed Kamyszek (Kenowa Hills)11	Mt Pleasant/MITS Ch [3200].....	2/28/2009
8:50.0#	Antonio Schaefer (GR West Catholic)12	Mt Pleasant/MITS Ch [3200].....	2/28/2009
8:55.4#	Tec Adams (Harbor Springs)12	Mt Pleasant/MITS Ch [3200].....	2/28/2009
9:00.4#	Kevin Oblinger (Mt Pleasant Sacred Heart)12	Mt Pleasant/MITS Ch [3200].....	2/28/2009
9:02.2#	Matt Wines (Pinckney)12	Mt Pleasant/MITS Ch [3200].....	2/28/2009

3200 METERS

9:22.29	Antonio Schaefer (GR West Catholic)12	Mt Pleasant/MITS Ch	2/28/2009
9:23.61	Reed Kamyszek (Kenowa Hills)11	Mt Pleasant/MITS Ch	2/28/2009
9:29.88	Austin Whitelaw (Monroe)10	Ypsilanti/Huron Relays I	3/28/2009
9:30.78	Jeff MacMillan (Mattawan)	Ypsilanti/Huron Relays I	3/28/2009
9:30.98	Tec Adams (Harbor Springs)12	Mt Pleasant/MITS Ch	2/28/2009
9:34.14	Kevin Oblinger (Mt Pleasant Sacred Heart)12	Mt Pleasant/MITS Ch	2/28/2009
9:38.70	Kyle Stacks (Concord)11	Mt Pleasant/MITS Ch	2/28/2009
9:39.06	Ian Hancke (Haslett)11	Mt Pleasant/MITS Ch	2/28/2009
9:39.27	Dan Culbertson (Ann Arbor Pioneer)12	Ann Arbor/MITS	1/30/2009
9:41.22	Matt Wines (Pinckney)12	Mt Pleasant/MITS Ch	2/28/2009
9:43.21	Joe Maki (Flint Powers)12	Mt Pleasant/MITS Ch	2/28/2009
9:43.57	Adam Kern (Ann Arbor Pioneer)11	Ann Arbor/MITS	1/30/2009
9:44.72	Alex Wilson (Kent City)11	Mt Pleasant/MITS Ch	2/28/2009

Oversized Track:

9:29.52	Tec Adams (Harbor Springs)12	Allendale/MITS	2/21/2009
9:34.54	Ben Miller (Warren DeLaSalle)12	Allendale/MITS	2/21/2009
9:34.86	Kevin Oblinger (Mt Pleasant Sacred Heart)12	Allendale/MITS	2/21/2009
9:36.26	Antonio Schaefer (Grand Rapids West Catholic)12	Allendale/MITS	1/24/2009
9:36.55	Reed Kamyszek (Kenowa Hills)11	Allendale/MITS	1/24/2009
9:42.11	Alex Wilson (Kent City)11	Allendale/MITS	1/24/2009
9:42.66	Ian Hancke (Haslett)11	Allendale/MITS	2/21/2009
9:46.27	Larry Julson (Pottersville)12	Allendale/MITS	2/21/2009
9:49.50	Nathan Ziolk (Lake Orion)11	Allendale/MITS	2/21/2009

5000 METERS

15:19.04	Austin Whitelaw (Monroe)10	Boston/Nike Indoor	3/13/2009
15:20.28	Joe Maki (Flint Powers)12	Allendale/GVSU Holiday Open	12/12/2008
15:21.94	Ben Miller (Warren DeLaSalle)12	Saginaw/SVSU Holiday Classic.....	12/ 5/2008
15:43.82	Maki	Saginaw/SVSU Holiday Classic.....	12/ 5/2008
16:17.10	Matt Wines (Pinckney)12	Boston/Nike Indoor	3/13/2009

55-METER HURDLES (39")

7.61	Renaldo Powell (Wayne)12	Allendale/MITS	1/10/2009
7.63	Chris Jimmerson (Okemos)12	Allendale/MITS	1/10/2009
7.77	Carter Johnson (Ann Arbor Pioneer)11	Hillsdale/MITS	2/21/2009
7.78	Drake Johnson (Ann Arbor Pioneer)9	Hillsdale/MITS	2/21/2009
7.87	Tyler Danna (Clinton Twp Chippewa Valley)12	Allendale/MITS	1/24/2009
7.87	Keyonte Saxon (East Lansing)12	Allendale/LMCU Challenge 1-2	3/23/2009
7.96	Mitch Hausman (Coopersville)12	Allendale/MITS (h)	2/21/2009
8.00	Vanier Joseph (Redford Thurston)12	Allendale/MITS	1/10/2009
8.03	Jeff Hill (Detroit Mumford)12	Findlay/HS Invite II (h)	3/ 7/2009
8.07	Derrick White (Romulus)12	Allendale/MITS	1/10/2009
8.07	Trevor Hiller (Fenton)	Allendale/LMCU Challenge 1-2 (h)	3/23/2009
8.09	Ryan Perritt (Adrian)	Adrian/Shamrock Inv	3/16/2009

60-METER HURDLES (39")

8.01	Travon Johnson (Southfield)12	Mt Pleasant/MITS	2/28/2009
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8.03	Renaldo Powell (Wayne)12	Boston/Nike Indoor (s).....	3/15/2009
8.04	Powell	Warren/MITS	2/ 6/2009
8.04	Powell	Lexington/Kentucky Inv	2/21/2009
8.04	Johnson	Boston/Nike Indoor (s).....	3/15/2009
8.05	Powell	Mt Pleasant/MITS	2/28/2009
8.05	Powell	Boston/Nike Indoor (h).....	3/15/2009
8.07	Chris Jimmerson (Okemos)12	East Lansing/MITS	2/11/2009
8.23	Tyler Danna (Clinton Twp Chippewa Valley)12	Mt Pleasant/MITS	2/28/2009
8.24	Vanier Joseph (Redford Thurston)12	Lexington/Kentucky Inv (h)	2/21/2009
8.35	Vincent Lefler (Midland)12	Mt Pleasant/CMU 1-2 (s).....	3/19/2009
8.35	Carter Johnson (Ann Arbor Pioneer)11	Ypsilanti/Huron Relays I	3/28/2009
8.46	Derek White (Romulus)12	Lexington/Kentucky Inv	2/21/2009
8.48	Ira Moore (Lansing)12	East Lansing/MITS	1/19/2009
8.48	Jeff Hill (Detroit Mumford)12	Ann Arbor/MITS.....	1/30/2009
8.48	Bashar Kazanji (Birmingham Rice)12	Warren/MITS (h).....	2/ 6/2009
8.49	Drake Johnson (Ann Arbor Pioneer)9	Ypsilanti/Huron Relays I	3/28/2009

HIGH JUMP

6-10	Chris Jimmerson (Okemos)12	Allendale/MITS	1/17/2009
6-10	Jimmerson	Warren/MITS	2/ 6/2009
6-10	Jimmerson	Mt Pleasant/MITS	2/28/2009
6-10	Bradley James (Haslett)12	Mt Pleasant/MITS	2/28/2009
6-8	Jimmerson	East Lansing/MITS	1/19/2009
6-8	Jimmerson	Ann Arbor/MITS.....	1/22/2009
6-8	Jimmerson	East Lansing/MITS	2/11/2009
6-8	James	East Lansing/MITS	2/11/2009
6-8	James	Mt Pleasant/MITS Ch (!)	2/28/2009
6-8	Jimmerson	Mt Pleasant/MITS Ch (!)	2/28/2009
6-8	James	East Lansing/MSU-Playmakers large	3/24/2009
6-8	Owen Hughes (Okemos)10	East Lansing/MSU-Playmakers large	3/24/2009
6-6	Joe Balkevitch (Auburn Hills Avondale)12	Ann Arbor/MITS.....	1/30/2009
6-6	Kevin Atkins (Ypsilanti)11	Ypsilanti/MITS	2/19/2009
6-6	Zach Heerspink (Hamilton)12	Allendale/LMCU Challenge 1-2	3/23/2009
6-5	Joshua Patterson (Sparta)12	Grand Rapids/MITS	2/17/2009
6-4	Jeremy Braman (Stanton Central Montcalm)12	Grand Rapids/MITS.....	1/13/2009
6-4	Noelele Heritier (Ypsilanti Lincoln)	Warren/MITS	2/ 6/2009
6-4	Keith Marks (Ypsilanti)	Ypsilanti/MITS	2/19/2009
6-4	Tyler Olsen (Saline)	Ypsilanti/Early Bird Inv.....	3/14/2009
6-4	Caleb Moore (Napoleon)12	Hillsdale/Inman Relays	3/26/2009
6-4	Donnavin Searcy (Romulus)	Ypsilanti/Huron Relays I	3/28/2009
6-4	Vernard Brinson (Oak Park)	Ypsilanti/Huron Relays II	3/27/2009

POLE VAULT

15-3	Austin DeWildt (GR Catholic Central)12	Grand Rapids/MITS	2/17/2009
15-2	Max Babits (Fowlerville)11	Ann Arbor/MITS.....	1/22/2009
15-1	DeWildt	Grand Rapids/MITS.....	2/ 3/2009
15-0	Babits	Ypsilanti/EMU Open	1/10/2009
15-0	Codi Mattix (Saranac)12	Allendale/MITS	1/17/2009
15-0	Derek Peterman (Livonia Churchill)12	Warren/MITS	2/20/2009
15-0	DeWildt	Allendale/MITS	2/21/2009
14-9	Justin Casarez (Wyoming Rogers)12	Allendale/LMCU Challenge 1-2	3/23/2009
14-7	Ryan Staley (Flushing)12	Mt Pleasant/MITS	2/17/2009
14-6	Chris Holda (Michigan Center)12	East Lansing/MITS	2/11/2009
14-3	Tyler Grob (Pinckney)12	Mt Pleasant/MITS Ch	2/28/2009
14-3	Jake Elbers (Reese)10	Mt Pleasant/MITS Ch	2/28/2009
14-0	Chris Schurr (Byron Center)12	Grand Rapids/MITS	1/27/2009
14-0	Josh Patterson (Sparta)12	Mt Pleasant/CMU 1-2	3/19/2009
14-0	Lance Cusak (Port Huron Northern)	Ypsilanti/Huron Relays I	3/28/2009
13-9	Ryan Sabo (Marlette)12	Mt Pleasant/MITS Ch	2/28/2009
13-6	Nate Hop (Hudsonville)	Allendale/MITS	1/10/2009
13-6	Steve Ferguson (Dexter)11	Ann Arbor/MITS.....	1/22/2009
13-6	Nate Balciriak (Gladwin)	Saginaw/MITS	2/ 4/2009

13-6 Jacob Alberts (Reese)
 13-6 Justin Amara-Parent (White Lake Lakeland)12
 13-3 Zach VanderWall (East Kentwood)12

Saginaw/SVSU D3-43/18/2009
 Ypsilanti/Huron Relays I3/28/2009
 Mt Pleasant/MITS Ch2/28/2009

LONG JUMP

23-4.25 Jeff Kline (Flushing)12
 23-1.5 Kline
 23-1.5 Kline
 22-5 Kline
 22-4 Tavarrio Davis (Lansing Eastern)11
 22-4 Thomas Soisson (Allendale)12
 22-1.5 Aaron Dewberry (Portage Northern)11
 22-1 Zach Heerspink (Hamilton)12
 22-0 Raheem Wells (Flint Southwestern)12
 21-11 Deshaun Mingo (Holland West Ottawa)12
 21-10.25Cameron Friske (North Branch)12
 21-9 Jason Byars (Farmington)12
 21-8 Carlos Clay (Grandville)12
 21-8 Christian Jessie (East Kentwood)12
 21-7.5 JaQuan Patterson (Ypsilanti)12
 21-7 Thomas Soisson (Allendale)12
 21-6.5 David Gibson (Flint Carman-Ainsworth)12
 21-6 Julius Rogers (Grand Blanc)12
 21-4.25 Jacquan Patterson (Ypsilanti)
 21-4 Mahluli Condelee (Holland West Ottawa)
 21-4 Chad Butler (Dryden)12
 21-4 Tyler Ellsworth (Cadillac)
 21-3.5 Kirk Spencer (East Grand Rapids)11
 21-2.25 Donnavin Searcy (Romulus)

Mt Pleasant/MITS Ch2/28/2009
 Ann Arbor/MITS2/16/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/CMU 1-23/19/2009
 Ypsilanti/Holiday Classic12/28/2008
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Allendale/LMCU Challenge 1-23/23/2009
 Saginaw/SVSU D13/18/2009
 Allendale/MITS2/21/2009
 Mt Pleasant/MITS Ch2/28/2009
 Allendale/MITS1/10/2009
 East Lansing/MITS2/11/2009
 Allendale/LMCU Challenge 1-23/23/2009
 Ypsilanti/MITS1/15/2009
 Allendale/LMCU Challenge 1-23/23/2009
 East Lansing/MITS2/11/2009
 Ypsilanti/Huron Relays I3/28/2009
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 Allendale/LMCU Challenge 1-23/23/2009
 Ypsilanti/Huron Relays I3/28/2009

TRIPLE JUMP

44-7.75 Julius Rogers (Grand Blanc)12
 44-7 Rogers
 44-0.5 Rogers
 43-10.25 Rogers
 43-9.25 Rogers
 43-7.5 Rogers
 43-7.5 Rogers
 43-5.5 Rogers
 42-11.5 Rogers
 42-5 Kylan Bradley (Albion)12
 40-7.5 David Simor (Livonia Stevenson)12
 40-1.5 Dion Mitchell (Albion)11
 39-11.5 Chris Jimmerson (Okemos)12
 39-7.5 Brandon Boyle (Ypsilanti Lincoln)12
 38-11.5 Goz Anyadiegwu (East Lansing)12
 38-11.25Demarko Taylor (Detroit Mumford)12

East Lansing/MITS2/11/2009
 Mt Pleasant/MITS2/17/2009
 Saginaw/MITS2/ 4/2009
 Ann Arbor/MITS1/30/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Saginaw/MITS1/14/2009
 East Lansing/MITS2/11/2009
 Ann Arbor/MITS1/30/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ann Arbor/MITS1/30/2009
 Ann Arbor/MITS1/22/2009
 Albion/MITS1/24/2009
 Findlay/HS Meet1/24/2009

SHOT PUT (12lb)

61-9 Zack Hill (Allendale)12
 60-10.25 Hill
 60-1 Hill
 60-0 Hill
 59-5 Hill
 59-0 Hill
 58-10 Hill
 58-9 Hill
 58-8.5 Hill
 58-8 Hill
 58-7 Andrew Evans (Portage Northern)12
 58-6 Hill
 58-5.75 Chris Hessell (New Haven)12

Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Grand Rapids/MITS1/13/2009
 East Lansing/MITS1/19/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Allendale/MITS1/10/2009
 Grand Rapids/MITS (!)1/13/2009
 Grand Rapids/MITS (!)1/13/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Grand Rapids/MITS (!)1/13/2009
 East Lansing/MITS2/11/2009
 Grand Rapids/MITS1/27/2009
 Boston/Nike Indoor3/15/2009

58-1.25 Quinn Dawson (Saline)12
 55-3.5 John Kamps (Zeeland East)11
 54-3.5 Quinten Marcott (Wayland)12
 52-2 Ross Simons (Grand Ledge)12
 52-1 Micajah Reynolds (Lansing Sexton)
 51-2.75 Alex Rose (Ogemaw Heights)12
 51-2.5 Jake Ridsdale (Laingsburg)12
 50-9.75 Tanner Hardester (Zeeland East)12
 50-5 Antonio James (Romulus)
 50-4.5 Matthew Wilkinson (Warren DeLaSalle)12

Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Saginaw/SVSU D13/18/2009
 Mt Pleasant/CMU 1-23/19/2009
 Mt Pleasant/MITS Ch2/28/2009
 East Lansing/MITS1/19/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 Mt Pleasant/MITS Ch2/28/2009

SHOT (16lb)

52-7.5 Zack Hill (Allendale)12
 51-11 Hill
 50-10 Hill
 50-7 Hill
 47-4.25 Ethan Dennis (Grandville)12
 47-3 Dennis
 43-6 Hill
 41-11.2.5 Matt Wilkinson (Warren DeLaSalle)12

Allendale/GVSU Holiday Open12/12/2008
 Allendale/GVSU Holiday Open (!3).....12/12/2008
 Allendale/GVSU Holiday Open (!2).....12/12/2008
 Allendale/GVSU Holiday Open (!1).....12/12/2008
 Allendale/GVSU Holiday Open12/12/2008
 Allendale/GVSU Holiday Open (!).....12/12/2008
 Allendale/GVSU Holiday Open (!).....12/12/2008
 Saginaw/SVSU Holiday Classic.....12/ 5/2008

DISCUS

170-3 Zack Hill (Allendale)12
 167-4 Hill
 160-0 Hill
 157-3 Hill
 151-5 Hill
 144-7 Derrick Sievers (Byron Center)10
 139-1 Lee Van Kampen (Zeeland East)11
 136-9 Tanner Hardester (Zeeland East)12
 135-9 Curtis Koop (Allendale)12
 126-6 Alex Slagh (Zeeland East)12
 120-4 Nate Smith (Grand Rapids Christian)
 119-7 John Kamps (Zeeland East)11
 109-1 Dillon Dayton (Kent City)12
 107-6 Jose Garza (Lansing Eastern)12
 99-4 Jacob Medendorp (Zeeland East)

Allendale/MITS2/21/2009
 Allendale/MITS (!).....2/21/2009
 Allendale/MITS (!).....2/21/2009
 Allendale/MITS (!).....2/21/2009
 Allendale/MITS (!).....2/21/2009
 Allendale/MITS2/21/2009
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 Allendale/MITS2/21/2009
 Allendale/MITS2/21/2009
 Allendale/MITS2/21/2009
 Allendale/MITS2/21/2009

WEIGHT (25lb)

66-4.75 Quinn Dawson (Saline)12
 63-11.25 Dawson
 63-9.25 Zack Hill (Allendale)12
 61-5.75 Dawson
 61-5 Dawson
 61-2.5 Dawson
 61-2.25 Dawson
 61-0 Hill
 60-8.75 Dawson
 60-0 Hill
 59-5 Hill
 59-1 Hill
 58-9.25 Dawson
 58-7.25 Dawson
 58-1.5 Hill
 57-11 Hill
 57-11 Dawson
 57-10.75 Dawson
 57-8.25 Hill
 57-7.5 Hill
 57-3.75 Hill
 57-1.5 Hill
 56-4 Dawson

Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch (!).....2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ann Arbor/MITS1/22/2009
 Ann Arbor/MITS (!)1/22/2009
 Ann Arbor/MITS (!)1/22/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Ann Arbor/MITS (!)1/22/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 East Lansing/MITS2/11/2009
 East Lansing/MITS1/19/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 East Lansing/MITS (!)1/19/2009
 East Lansing/MITS (!)1/19/2009
 Ann Arbor/MITS1/30/2009
 Ann Arbor/MITS2/16/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 Mt Pleasant/MITS Ch (!)2/28/2009
 East Lansing/MITS (!)1/19/2009
 Ann Arbor/MITS (!)1/22/2009

55-6 Dawson
 54-6.25 Chris Hessel (New Haven)12
 54-0 Hill
 54-0 Dawson
 53-4 Alex Rose (Ogemaw Heights)12
 50-7 Lee VanKampen (Zeeland East)11
 49-7.5 Austin Grant (Carleton-Airport)10
 48-9.25 Jarrett Miles (Woodhaven)11
 48-5.5 Matt Wilkenson (Warren DeLaSalle)12
 48-0.75 Rusty LeBlanc (Carleton-Airport)12
 45-8 Tanner Hardester (Zeeland East)12
 45-7 Alex Slagh (Zeeland East)12
 45-1 John Kamps (Zeeland East)11
 44-10 Ryan Stankey (Byron Center)
 43-0 Anthony Davis (Salem)
 42-11 Quinten Marcott (Wayland)12
 42-4 Jacob Medendorp (Zeeland East)
 41-10 Josh Macha (Ithaca)12
 41-7 Travis Hauck (Carleton-Airport)10
 41-2.25 Sean Flanary (Carleton-Airport)11
 37-7 Ben Sobansky (Romeo)12
 37-5.5 Steven Zemla (Ovid-Elsie)12
 36-6 Jacob Mendendorp (Zeeland East)11
 36-8 Ed Merhi (Salem)12
 36-7.5 Ryan Nowatzke (Saline)12

East Lansing/MITS1/19/2009
 Mt Pleasant/MITS Ch2/28/2009
 East Lansing/MITS (!).....1/19/2009
 East Lansing/MITS (!).....1/19/2009
 Mt Pleasant/MITS Ch2/28/2009
 Allendale/MITS2/21/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Allendale/MITS2/21/2009
 Mt Pleasant/MITS Ch2/28/2009
 Allendale/MITS2/21/2009
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 East Lansing/MITS2/11/2009
 Allendale/MITS2/21/2009
 Allendale/MITS2/21/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ann Arbor/MITS1/30/2009
 Mt Pleasant/MITS Ch2/28/2009
 Allendale/MITS1/17/2009
 Allendale/MITS1/10/2009
 East Lansing/MITS2/11/2009
 Ann Arbor/MITS1/30/2009
 Ann Arbor/MITS1/30/2009

WEIGHT (35lb)

38-5 Zack Hill (Allendale)12

Allendale/GVSU Holiday Open12/12/2008

PENTATHLON

2994 Tyler Grob (Pinckney)12
 (9.44, 18-9, 40-3.5, 5-8, 3:04.04)
 2597 Chris Scott (Holt)11
 (8.69 55m, 5-7, 31-6, 16-5.75, 3:14.79)

Boston/Nike Indoor3/14/2009

Merrillville/AAU Northern2/20/2009

4 x 200-METER RELAY

1:31.38 Detroit Mumford
 1:32.46 Detroit Mumford
 1:33.01 Detroit Cass Tech
 1:33.19 Lansing Sexton
 1:33.95 Ann Arbor Pioneer
 1:34.30 East Kentwood (KP Athletics)
 1:35.10 Clare
 1:35.16 East Lansing
 1:35.28 Flint Southwestern
 1:35.46 Ypsilanti
 1:35.70 Lansing Eastern
 1:36.03 DeWitt
 1:36.10 Ypsilanti Lincoln (Greyhounds)
 1:36.11 Detroit Catholic Central
 1:36.36 Inkster
 1:36.52 Kalamazoo Norrix
 1:36.54 Romulus
 1:36.60 Holt
 1:36.70 Williamston

New York/Nat. Scholastic3/14/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays II3/27/2009
 Ypsilanti/Huron Relays I3/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 East Lansing/MSU-Playmakers small3/25/2009
 Ypsilanti/Huron Relays II3/27/2009
 Saginaw/SVSU D13/18/2009
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 East Lansing/MSU-Playmakers large3/24/2009
 East Lansing/MSU-Playmakers small3/25/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays II3/27/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 East Lansing/MSU-Playmakers large3/24/2009
 East Lansing/MSU-Playmakers small3/25/2009

Mixed Teams:

1:32.16 Michigan Accelerators #
 1:32.49 TDP Elite #
 1:32.65 Maximum Output #
 1:33.43 810 #
 1:33.45 Chargers #
 1:33.60 Drive Phase #

Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ypsilanti/MITS1/15/2009

1:34.24 Great Lakes TC #
 1:35.13 A-10 All-Stars #
 1:35.54 The Mix #
 1:35.93 All-Stars #
 1:36.36 Mach 10 #
 1:36.50 Power Orange #
 1:36.78 Trailblazers #

Oversized Track:

1:30.44 Michigan Accelerators #
 1:31.05 East Kentwood (KPA)
 1:33.83 Drive Phase #
 1:34.51 Unknown #
 1:35.42 Ypsilanti Lincoln (Greyhound)
 1:35.58 The Mix #
 1:35.75 Blue Blazers #
 1:35.95 Hardcore Athletics #

Mt Pleasant/MITS Ch2/28/2009
 Saginaw/MITS2/ 4/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ann Arbor/MITS1/30/2009
 Mt Pleasant/MITS Ch2/28/2009
 Warren/MITS2/13/2009
 Mt Pleasant/MITS Ch2/28/2009

Allendale/MITS1/10/2009
 Allendale/MITS1/10/2009
 Allendale/MITS1/10/2009
 Allendale/MITS1/17/2009
 Allendale/MITS2/21/2009
 Allendale/MITS1/17/2009
 Allendale/MITS2/21/2009
 Allendale/MITS1/17/2009

4 x 400-METER RELAY

3:29.09 Detroit Mumford
 3:29.23 Detroit Cass Tech
 3:30.49 Lansing Eastern
 3:31.96 Ann Arbor Pioneer
 3:31.97 Jackson
 3:32.70 Ypsilanti
 3:33.51 Benton Harbor
 3:34.11 Saline
 3:34.34 Monroe
 3:34.65 Okemos

New York/Nat. Scholastic (h).....3/13/2009
 Ypsilanti/Huron Relays I3/28/2009
 East Lansing/MSU-Playmakers large3/24/2009
 Ann Arbor/MITS1/22/2009
 East Lansing/MSU-Playmakers large3/24/2009
 Ann Arbor/MITS1/30/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 East Lansing/MSU-Playmakers large3/24/2009

Mixed Teams:

3:24.71 Michigan Accelerators #
 3:27.09 810 All-Stars #
 3:27.82 TDP Elite #
 3:30.52 Great Lakes TC #
 3:31.53 Maximum Output #
 3:31.61 Drive Phase #
 3:33.67 Speed Zone #

Ann Arbor/MITS2/16/2009
 Mt Pleasant/MITS Ch2/28/2009
 Ann Arbor/MITS2/16/2009
 East Lansing/MITS2/11/2009
 Mt Pleasant/MITS Ch2/28/2009
 East Lansing/MITS2/11/2009
 Mt Pleasant/MITS Ch2/28/2009

Oversized Track:

3:24.03 Michigan Accelerators #
 3:31.75 Maximum Output #
 3:34.84 Great Lakes TF #

Lexington/Kentucky Inv2/21/2009
 Lexington/Kentucky Inv2/21/2009
 Allendale/MITS1/24/2009

4 x 800-METER RELAY

8:02.48 Detroit Mumford
 8:05.83 Detroit Mumford
 8:11.60 Detroit Cass Tech
 8:18.34 Monroe
 8:19.34 Ann Arbor Pioneer
 8:19.85 Saline
 8:21.09 Plymouth
 8:22.3 Lansing Eastern
 8:24.4 Vermontville Maple Valley
 8:24.65 Troy
 8:25.26 East Kentwood
 8:26.72 Pinckney
 8:27.63 Ann Arbor Huron
 8:27.99 Canton
 8:28.0 Potterville

New York/National Scholastic.....3/15/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Huron Relays I3/28/2009
 Ypsilanti/Early Bird Inv3/14/2009
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 Ypsilanti/Huron Relays I3/28/2009
 East Lansing/MSU-Playmakers large3/24/2009
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 Ypsilanti/Early Bird Inv3/14/2009
 Ypsilanti/Huron Relays I3/28/2009
 East Lansing/MSU-Playmakers small.....3/25/2009

Oversized Track:

8:13.64 East Kentwood
 8:20.21 Grand Rapids Christian

Allendale/LMCU Challenge 1-23/23/2009
 Allendale/LMCU Challenge 1-23/23/2009

Mixed Teams:

8:03.39 Michigan Accelerators #

Mt Pleasant/MITS Ch2/28/2009

8:06.85 Cold Machine #
8:18.19 Trinity #
8:24.16 LDC #
8:24.84 Lievense #
8:29.51 Etc-A #

Oversized Track:

8:11.07 Cold Machine #
8:13.75 Michigan Accelerators #
8:19.62 Brutus Maximus #

4 x MILE RELAY

18:22.04 Monroe
18:47.89 Troy

1200-METER SPRINT MEDLEY

2:35.27 Ypsilanti
2:36.00 Ann Arbor Pioneer
2:38.23 Ypsilanti Lincoln
2:39.60 Saline

1600-METER SPRINT MEDLEY

3:36.79 Detroit Mumford
3:40.36 Detroit Mumford
3:41.82 Saline
3:43.14 Ann Arbor Pioneer
3:43.31 Ypsilanti Lincoln
3:46.70 Southfield Lathrup
3:49.16 Ypsilanti
3:49.69 Salem
3:50.64 Canton
3:52.28 Troy

2400-METER MEDLEY

7:19.3 Blissfield
7:20.8 Bath

DISTANCE MEDLEY

10:22.67 Troy
10:34.24 Troy
10:38.95 Ann Arbor Pioneer
10:43.22 Troy
10:45.82 Monroe
10:46.18 Lake Orion
10:51.64 Detroit Mumford
10:52.48 Detroit Catholic Central
10:58.86 Pinckney
10:59.67 Bay City Western (DX)
11:00.48 Ann Arbor Huron
11:00.48 Grand Ledge
11:03.26 Saline
11:06.41 Hartland
11:06.73 East Kentwood
11:10.69 Birmingham Rice
11:15.86 Howell
11:17.65 Detroit Cass Tech
11:19.76 Milford

Oversized Track:

10:56.75 Troy
11:12.76 Saginaw Heritage

Mixed Teams:

10:48.30 GPE #
11:03.27 Chargers #

Mt Pleasant/MITS Ch2/28/2009
Ann Arbor/MITS1/22/2009
Mt Pleasant/MITS Ch2/28/2009
Mt Pleasant/MITS Ch2/28/2009
Mt Pleasant/MITS Ch2/28/2009

Allendale/MITS1/24/2009
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Allendale/MITS1/24/2009

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Ypsilanti/Early Bird Inv3/14/2009
Ypsilanti/Early Bird Inv3/14/2009
Ypsilanti/Early Bird Inv3/14/2009

New York/Nat. Scholastic3/13/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays II3/27/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009

Adrian/Shamrock Inv3/16/2009
Adrian/Shamrock Inv3/16/2009

New York/Nat. Scholastic3/13/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/MITS2/19/2009
Ypsilanti/Huron Relays I3/28/2009
Ann Arbor/MITS2/16/2009
Ypsilanti/Huron Relays I3/28/2009
East Lansing/MITS2/11/2009
Mt Pleasant/MITS Ch2/28/2009
Ann Arbor/MITS2/16/2009
Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/Huron Relays I3/28/2009
Ypsilanti/Huron Relays I3/28/2009
East Lansing/MITS2/11/2009
Ypsilanti/Huron Relays I3/28/2009
Ann Arbor/MITS2/16/2009
Ypsilanti/Huron Relays I3/28/2009
Mt Pleasant/MITS Ch2/28/2009

Allendale/MITS2/21/2009
Allendale/MITS2/21/2009

Ypsilanti/MITS2/19/2009
Warren/MITS2/6/2009

11:06.27 Rat Pack Racing #
11:06.89810 All-Stars #
11:08.45 Air #
11:14.15 North Wind #
11:16.35 LDC #
Oversized Track:
11:08.40 Brutus Maximus #

Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/MITS2/19/2009
Mt Pleasant/MITS Ch2/28/2009
Ypsilanti/MITS2/19/2009
Mt Pleasant/MITS Ch2/28/2009

Allendale/MITS2/21/2009